

# *Lovelle Plastic Surgery*



## **Venus Viva Post Treatment Care**

- Post-treatment emollient balm/gel should be applied to the treatment area
- Post-treatment cooling is not necessary. In the event of post-treatment discomfort, it is recommended to cool the treated area immediately with air cooling. Cold (not frozen) packs may also be used. Blistered or ulcerated skin can be treated with a prescribed cream.
- Tiny scabs of less than 1 mm diameter will usually form 24-72 hours post-treatment and may remain for several days. The scabs should not be touched or scratched even if they itch, and should be allowed to shed off naturally.
- Blistered or ulcerated skin can be treated with a prescribed antibiotic ointment or burn treatment cream as per physician's discretion.
- During the first two days following treatment, care should be taken to prevent trauma to the treated area: avoid hot baths, massage, etc. The skin should be kept clean to avoid contamination or infection; any mechanical or thermal damage to the area must be avoided.
- Moisturizer sunscreen may be applied several hours after each treatment and then should be applied regularly throughout the course of the treatment. Make-up may be applied 12 hours after each treatment if desired, unless an unwanted reaction occurs in the area. Do not use scrub soaps or exfoliants until area is completely healed.
- The patient should use a high-factor sunscreen (at least 30 SPF) and protect the treated area from sunlight for at least one month after the treatment. Tanning of any sort (sun exposure, tanning beds, and artificial sunless tanning lotions) is not allowed in the treatment area during the entire course of the treatment. Tanning after treatment may cause hyperpigmentation.